

CO2RE Intima Laser

The CO2RE Intima laser is a non-surgical procedure that stimulates growth of new collagen using fractional CO2 laser technology. Treatment zones are smaller than a human hair, sparing the surrounding tissues to aid in healing. This laser relieves signs of childbirth and aging, restores vaginal tone, flexibility and shape, as well as treating dryness, itching and pain.

Pre-Treatment:

- You should have an up-to-date normal pap test and a vaginal exam to make sure there are no active infections
- Treatment area must be free of hair. Shave (not wax or remove chemically) hair in the treatment area the day prior to the procedure.
- If you have a history of genital herpes, use Acyclovir or Valacyclovir to prevent an outbreak prior to treatment.
- You should not be actively menstruating or about to start your menstrual cycle

What to expect during treatment:

- The treatment takes about 15 minutes and is virtually painless.
- Gentle laser energy will be delivered to the vagina wall
- You may feel warmth and some pressure during the procedure.

Post Treatment

- There may be mild to moderate itching sensation and some discharge, like the symptoms of a yeast infection for 3-5 days while the area is healing. Apply Hydrocortisone 1% (over the counter) twice daily until resolved.
- You may apply a water-based lubricant or Aquaphor/Vaseline to the treatment area
- Gently cleanse the area with mild soap and water twice a day
- Avoid sexual intercourse for 7 days
- No tampon use for 7 days
- No tub baths, Jacuzzis, or swimming until skin is completely healed
- No douching for 7 days

Multiple treatments (3 or more) over a period of several months may be required to achieve the desired outcome. You will notice immediate as well as long term improvements.